



Hospital list:
Beat and Rhythm
network options

2024

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Important: The day hospitals, acute rehabilitation facilities and mental health facilities are included in the Beat and Rhythm network options. Members can find their nearest provider via the Bestmed App or online Member portal.

DSP Network Hospital List - Beat and Rhythm 2024 V3.1 (2023-11-16)

| Town | Hospital | Prac No. | Group |
|----------------|---|----------|--------|
| Carletonville | The Fountain Hospital | 5708648 | NHN |
| Fochville | Fochville Hospital | 5701856 | NHN |
| Heidelberg | Suikerbos Rand Clinic | 5808987 | LIFE |
| Johannesburg | Bedford Gardens Private Hospital | 5808316 | LIFE |
| Johannesburg | Busamed Modderfontein Private Hospital | 0651168 | NHN |
| Johannesburg | Nelson Mandela Children's Hospital | 0782513 | NHN |
| Johannesburg | Netcare Mulbarton Hospital | 5808278 | NET |
| Johannesburg | RH Rand Clinic | 5804620 | NHN |
| Johannesburg | Sunshine Hospital | 5808774 | NHN |
| Johannesburg | Wits University Donald Gordon Med | 5806682 | M/C |
| Kempton Park | Arwyp Medical Centre | 5807891 | NHN |
| Krugersdorp | Krugersdorp Hospital | 5808111 | NET |
| Lenasia | Lenmed Ahmed Kathrada | 5808324 | NHN |
| Lenasia | Lenmed Daxina Private Hospital | 0490296 | NHN |
| Midstream | Mediclinic Midstream Hospital | 0579068 | M/C |
| Pretoria | Botshilu Private Hospital | 0556394 | NHN |
| Pretoria | Cintocare | 0922900 | NHN |
| Pretoria | Femina Hospital | 5804248 | NET |
| Pretoria | Louis Pasteur Hospital | 5808820 | NHN |
| Pretoria | Mediclinic Heart Hospital | 5808634 | M/C |
| Pretoria | Mediclinic Kloof | 0120928 | M/C |
| Pretoria | Mediclinic Legae | 5808499 | M/C |
| Pretoria | Mediclinic Medforum | 5807867 | M/C |
| Pretoria | Mediclinic Muelmed | 5808065 | M/C |
| Pretoria | Netcare Montana Hospital | 5809002 | NET |
| Pretoria | Optimed Eye & Laser Clinic | 0121622 | NHN |
| Pretoria | Pretoria Eye Institute | 5808421 | IND |
| Pretoria | Raslouw Private Hospital | 1028618 | NHN |
| Pretoria | Urolocare Hospital (ex Pretoria Urology Hospital) | 5808847 | NHN |
| Pretoria | Zuid Afrikaans Hospitaal | 5805112 | NHN |
| Randfontein | Lenmed Health Randfontein Private Hospital | 491551 | NHN |
| Randburg | Johannesburg Surgical Hospital | 1120298 | NHN |
| Randburg | Medfem Clinic | 5709199 | M/C |
| Roodepoort | Life Wilgeheuwel Hospital | 5808839 | LIFE |
| Sandton | Mediclinic Morningside | 5807824 | M/C |
| Sandton | Mediclinic Sandton | 5805139 | M/C |
| Soweto | Dr SK Matseke Memorial Hospital | 5807816 | Clinix |
| Springs | Springs Parkland Clinic | 5807034 | LIFE |
| Tembisa | Lenmed Zamokuhle Private Hospital | 5709180 | NHN |
| Vanderbijlpark | Cormed Hospitaal | 5709113 | NHN |

| Town | Hospital | Prac No. | Group |
|----------------|------------------------|----------|-------|
| Vanderbijlpark | Mediclinic Emfuleni | 5808375 | M/C |
| Vanderbijlpark | Midvaal Hospital | 5808898 | NHN |
| Vereeniging | Mediclinic Vereeniging | 5808081 | M/C |

2 NORTH WEST

| Town | Hospital | Prac No. | Group |
|---------------|------------------------------------|----------|--------|
| Brits | Mediclinic Brits | 5808723 | M/C |
| Klerksdorp | Sunningdale Hospital | 5706696 | NHN |
| Klerksdorp | Wilmed Park Hospital | 5808812 | NHN |
| Mafikeng | Victoria Itokolle Private Hospital | 0223891 | CLINIX |
| Potchefstroom | Mediclinic Potchefstroom | 5808057 | M/C |
| Potchefstroom | Mooimed Private Hospital | 0259470 | NHN |
| Rustenburg | Rustenburg Medicare Centre | 0417491 | NHN |
| Vryburg | Vryburg Private Hospital | 5808553 | NHN |

3 FREE STATE

| Town | Hospital | Prac No. | Group |
|--------------|---|----------|-------|
| Bethlehem | Mediclinic Hoogland | 5808707 | M/C |
| Bloemfontein | Busamed Bram Fischer International Airport Hospital | 0725935 | NHN |
| Bloemfontein | Cairnhall Hospital | 0038695 | NHN |
| Bloemfontein | Emoyamed Private Hospital | 0825719 | NHN |
| Bloemfontein | Mediclinic Bloemfontein | 5808154 | M/C |
| Bloemfontein | Pasteur Eye Hospital | 0225681 | NHN |
| Frankfort | Riemland Clinic | 5709105 | NHN |
| Harrismith | Busamed Harrismith | 0662186 | NHN |
| Kroonstad | Kroon Hospital | 5808383 | NET |
| Welkom | Mediclinic Welkom | 5808758 | M/C |
| Welkom | RH Matjhabeng | 0750212 | NHN |

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LIMPOPO

| Town | Hospital | Prac No. | Group |
|-----------------|-------------------------------|----------|-------|
| Lebowakgomo | Medleb Hospital | 0751065 | NHN |
| Lephalale | Mediclinic Lephalale | 5708125 | M/C |
| Louis Trichardt | Quality Care Private Hospital | 0492094 | NHN |
| Louis Trichardt | Zoutpansberg Medical Centre | 0253871 | NHN |
| Polokwane | Mediclinic Limpopo | 5808189 | M/C |
| Thabazimbi | Mediclinic Thabazimbi | 5709202 | M/C |
| Tzaneen | Mediclinic Tzaneen | 132454 | M/C |

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MPUMALANGA

| Town | Hospital | Prac No. | Group |
|-------------|------------------------------|----------|-------|
| Barberton | RH Phodclinic | 0765325 | NHN |
| Barberton | Mediclinic Barberton | 5709148 | M/C |
| Emalahleni | Emalahleni Private Hospital | 0413615 | NHN |
| Emalahleni | Life Cosmos Hospital | 5807980 | LIFE |
| Ermelo | Mediclinic Ermelo | 5808863 | M/C |
| Middelburg | Middelburg Private Hospital | 5808243 | LIFE |
| Nelspruit | Kiaat Private Hospital | 0558818 | NHN |
| Nelspruit | Lowveld Hospital | 0463345 | NHN |
| Nelspruit | Mediclinic Nelspruit | 5808340 | M/C |
| Nelspruit | Surgiclinic | 0516414 | NHN |
| Piet Retief | Piet Retief Private Hospital | 0812218 | NHN |
| Trichardt | Mediclinic Highveld | 5807956 | M/C |

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KWAZULU-NATAL

| Town | Hospital | Prac No. | Group |
|-------------|--|----------|-------|
| Amanzimtoti | Kingsway Hospital | 5808200 | NET |
| Cato Ridge | Hibiscus Hospital Cato Ridge | 885940 | NHN |
| Durban | Ahmed Alkadi Private Hospital | 675865 | NHN |
| Durban | Capital Oncology | 0511560 | NHN |
| Durban | Capital Super Speciality Hospital | 0962031 | NHN |
| Durban | Chatsmed Garden Hospital | 5808219 | LIFE |
| Durban | Gateway Private Hospital | 0566225 | NHN |
| Durban | Hillcrest Private Hospital | 0426563 | NHN |
| Durban | Isipingo Hospital | 1126385 | JMH |
| Durban | JMH City Hospital | 5808367 | JMH |
| Durban | Lenmed Ethekwini Hospital and Heart Centre | 0305251 | NHN |
| Durban | Lenmed Health Shifa Hospital | 5808464 | NHN |

| Town | Hospital | Prac No. | Group |
|------------------|----------------------------------|----------|-------|
| Howick | Lenmed Howick Private Hospital | 0934550 | NHN |
| Kokstad | Netcare Kokstad Private Hospital | 0174602 | NET |
| Ladysmith | Lenmed La Verna Hospital | 5808235 | NHN |
| Newcastle | Mediclinic Newcastle | 5808871 | M/C |
| Nongoma | Nongoma Private Hospital | 147362 | IND |
| Pietermaritzburg | Daymed Private Hospital | 0770973 | NHN |
| Pietermaritzburg | Eden Gardens Private Hospital | 0765228 | NHN |
| Pietermaritzburg | Mediclinic Pietermaritzburg | 5808073 | M/C |
| Pietermaritzburg | Midlands Medical Centre | 0773409 | NHN |
| Pietermaritzburg | Midlands Medical Centre | 5708605 | NHN |
| Port Shepstone | Hibiscus Private Hospital | 5808901 | NHN |
| Port Shepstone | Shelley Beach Hospital | 0781886 | NHN |
| Richards Bay | Melomed Richards Bay | 0721263 | NHN |
| Stanger | KwaDukuza Hospital | 0727334 | NHN |
| Tongaat | Victoria Hospital | 5708567 | M/C |
| Underberg | Riverview Manor | 5709008 | NHN |
| Vryheid | AbaQulusi Hospital | 0808458 | NHN |

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EASTERN CAPE

| Town | Hospital | Prac. No. | Group |
|-------------|------------------------------------|-----------|-------|
| East London | St James' Hospital | 5703816 | LIFE |
| East London | Life Beacon Bay Hospital | 0357669 | LIFE |
| East London | Life St Dominic's Hospital | 5808294 | LIFE |
| East London | Metro Maternity Home | 0739715 | NHN |
| East London | Royal Buffalo Specialist Hospital | 1015249 | NHN |
| Gqeberha | Aurora Hospital | 5709024 | NHN |
| Gqeberha | New Mercantile Hospital | 5808626 | LIFE |
| Gqeberha | St George's Hospital | 5807972 | LIFE |
| Humansdorp | Isivivana Private Hospital | 0168386 | LIFE |
| Matatiele | Matatiele Private Hospital | 0282820 | NHN |
| Mthatha | Cross-Med Mthatha Private Hospital | 553506 | NHN |
| Queenstown | Care Cure Queenstown | 0699942 | NHN |
| Queenstown | Life Queenstown Private Hospital | 5709156 | LIFE |
| Uitenhage | Cuyler Hospital | 5808642 | NET |

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NORTHERN CAPE

| Town | Hospital | Prac No. | Group |
|------------|--------------------------------------|----------|-------|
| Hartswater | Jane Keyser Clinic | 0455997 | NHN |
| Kathu | Lenmed Health Kathu Private Hospital | 0580619 | NHN |
| Kimberley | Kimmed Private Hospital | 0786144 | NHN |
| Kimberley | Lenmed Royal and Heart Centre | 0761761 | NHN |
| Kimberley | Mediclinic Kimberley | 5808049 | M/C |
| Upington | Mediclinic Upington | 5808804 | M/C |

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WESTERN CAPE

| Town | Hospital | Prac No. | Group |
|-----------------|---|----------|-------|
| Belville | Melomed Belville Hospital | 5802881 | NHN |
| Cape Town | Cape Eye Hospital | 5709083 | NHN |
| Cape Town | Mediclinic Cape Gate | 0366714 | M/C |
| Cape Town | Mediclinic Cape Town | 5808995 | M/C |
| Cape Town | Mediclinic Constantiaberg | 5807999 | M/C |
| Cape Town | Mediclinic Louis Leipoldt | 5806860 | M/C |
| Cape Town | Mediclinic Milnerton | 5808669 | M/C |
| Cape Town | Mediclinic Panorama | 5807913 | M/C |
| Cape Town | Melomed Gatesville | 5808103 | M/C |
| Cape Town | Melomed Mitchell's Plain | 5807948 | NHN |
| Cape Town | Melomed Tokai | 0635243 | NHN |
| Cape Town | Rondebosch Medical Centre | 0441279 | NHN |
| Cape Town | Paardevelei Private Hospital | 0584509 | NHN |
| Durbanville | Mediclinic Durbanville | 5808766 | M/C |
| George | Geneva Clinic | 5709059 | M/C |
| George | Mediclinic George | 5807905 | M/C |
| Hermanus | Mediclinic Hermanus | 5709091 | M/C |
| Knysna | Knysna Private Hospital | 5808960 | LIFE |
| Mossel Bay | Bay View Private Hospital | 5808790 | LIFE |
| Oudtshoorn | Mediclinic Klein Karoo | 5808928 | M/C |
| Paarl | Mediclinic Paarl | 5808251 | M/C |
| Plettenberg Bay | Mediclinic Plettenberg Bay | 0283207 | M/C |
| Somerset West | Mediclinic Vergelegen | 5808030 | M/C |
| Stellenbosch | Mediclinic Winelands Orthopaedic Hospital | 0819409 | M/C |
| Stellenbosch | Mediclinic Stellenbosch | 5808405 | M/C |
| Vredenburg | West Coast Private Hospital | 5808979 | LIFE |
| Worcester | Mediclinic Worcester | 5808006 | M/C |

GAUTENG

| Town | Hospital | Prac No. | Group |
|--------------|-------------------------------------|----------|-------|
| Boksburg | SANCA Horizon Alcohol & Drug Centre | 0046035 | IND |
| Johannesburg | SANCA Phoenix House | 0056529 | IND |
| Johannesburg | Changes Treatment Centre | 0537861 | IND |
| Johannesburg | Rand Aid Association | 0051500 | IND |
| Kempton Park | Elim Clinic | 0037877 | IND |
| Lenasia | SANCA Nishtara Lodge | 0299693 | IND |
| Pretoria | Clearview Clinic | 0427942 | IND |
| Pretoria | SANCA Pretoria Society | 0106593 | IND |
| Pretoria | The Way Recovery | 1041231 | IND |
| Pretoria | The Way Recovery | 1041177 | IND |
| Pretoria | Stabilis Treatment Centre | 0043494 | IND |
| Randburg | Houghton House | 0231975 | IND |

NORTH WEST

| Town | Hospital | Prac No. | Group |
|----------------|-------------------------------|----------|-------|
| Klerksdorp | SANPARK Alcohol & Drug Centre | 0047449 | IND |
| Hartebeespoort | Beethoven Recovery Centre | 04949674 | IND |

FREE STATE

| Town | Hospital | Prac No. | Group |
|--------------|------------------------------------|----------|-------|
| Bloemfontein | SANCA Aurora Alcohol & Drug Centre | 0051284 | IND |

MPUMALANGA

| Town | Hospital | Prac No. | Group |
|-------------|---------------------------------------|----------|-------|
| Piet Retief | Mkhondo Alathia Rehabilitation Centre | 0101311 | IND |
| Sabie | Pace Recovery Centre | 0721476 | IND |
| White River | White River Manor | 0632074 | IND |

KWAZULU NATAL










| Town | Hospital | Prac No. | Group |
|------------|--|----------|-------|
| Durban | Assisted Recovery Africa | 0481572 | IND |
| Durban | Choose Life Specialist Recovery Centre | 0771422 | IND |
| Durban | SANCA Durban Alcohol and Drug Centres | 0101125 | IND |
| Mooi River | The Cedars | 1061119 | IND |
| Scottburgh | The Cedars | 0943495 | IND |

EASTERN CAPE

| Town | Hospital | Prac No. | Group |
|-------------|----------------------------|-----------------|--------------|
| East London | SANCA Central Eastern Cape | 0057967 | IND |

WESTERN CAPE

| Town | Hospital | Prac No. | Group |
|-------------|--------------------------------------|-----------------|--------------|
| Cape Town | A Way Out Addiction Treatment Centre | 0427772 | IND |
| Cape Town | Ramot Centre | 0051233 | IND |
| Cape Town | Safehaven | 0681237 | IND |
| Cape Town | Tharagay Manro | 0728861 | IND |
| Fish Hoek | Akeso Stepping Stones | 0707422 | IND |
| Worcester | Toevlug Rehabilitation Centre | 0043583 | IND |

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HOSPITAL AUTHORISATION

Tel: 080 022 0106
Email: authorisations@bestmed.co.za

CHRONIC MEDICINE

Tel: 086 000 2378
Email: medicine@bestmed.co.za
Fax: 012 472 6760

CLAIMS

Tel: 086 000 2378
Email: service@bestmed.co.za (queries)
claims@bestmed.co.za (claim submissions)

MATERNITY CARE

Tel: 012 472 6797
Email: maternity@bestmed.co.za

WALK-IN FACILITY

Block A, Glenfield Office Park,
361 Oberon Avenue, Faerie Glen,
Pretoria, 0081, South Africa

POSTAL ADDRESS

PO Box 2297, Arcadia,
Pretoria, 0001, South Africa

NETCARE 911

Tel: 082 911
Email: customer.service@netcare.co.za (queries)

INTERNATIONAL MEDICAL TRAVEL INSURANCE (EUROP ASSISTANCE)

Tel: 0861 838 333
Claims and emergencies: assist@europassistance.co.za
Travel registrations: bestmed-assist@linkham.com

PMB

Tel: 086 000 2378
Email: pmb@bestmed.co.za

COMPLAINTS

Tel: +27 (0)86 000 2378
Email: escalations@bestmed.co.za or
(Subject box: Manager, escalated query)
Postal address:
PO Box 2297,
Pretoria, Gauteng, 0001

CMS ESCALATIONS

Should an issue remain unresolved with the Scheme, members can escalate to the Council for Medical Schemes (CMS) Registrar's office:

Fax Complaints: 086 673 2466.

Email Complaints: complaints@medicalschemes.co.za

Postal Address:
Private Bag X34, Hatfield, 0028

Physical Address:
Block A, Eco Glades 2 Office Park, 420 Witch-Hazel Avenue, Eco Park, Centurion, 0157

BESTMED HOTLINE, OPERATED BY KPMG

Should you be aware of any fraudulent, corrupt or unethical practices involving Bestmed, members, service providers or employees, please report this anonymously to KPMG.

Hotline: 080 111 0210 toll-free from any Telkom line
Hotfax: 080 020 0796
Hotmail: fraud@kpmg.co.za
Postal: KPMG Hotpost, at BNT 371,
PO Box 14671, Sinoville,
0129, South Africa

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For a more detailed overview of your benefit option and to receive a membership guide please contact service@bestmed.co.za

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